



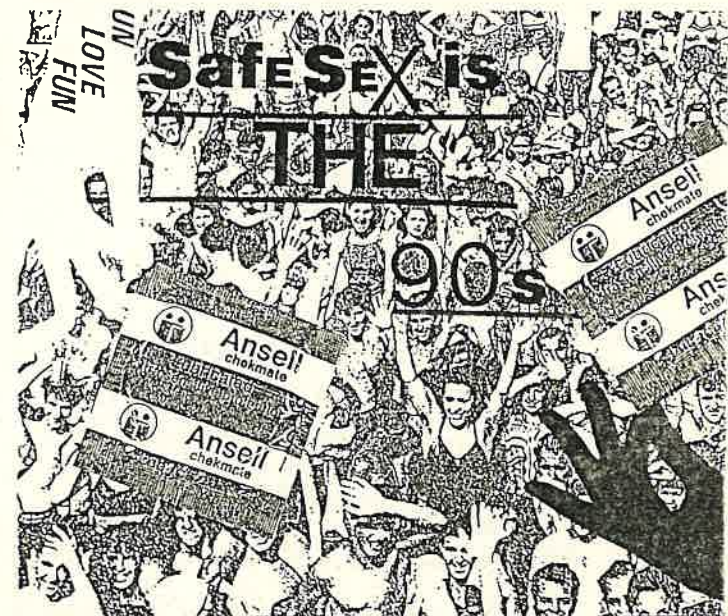
DART NEWS

Vol 13

No 1

*The QUIVAA Members and
Volunteers Newsletter*

March 1991



WHAT IS AIDS
sex, drugs
THURSDAY 1 PM
7TH march
28TH march
11TH april

SAFE SEX
good times
FRIDAY 1 PM
15TH MARCH
5TH APRIL
19TH APRIL

DISCLAIMER

The views expressed in Dart News are those of the authors and do not necessarily reflect the views of QuIVAA.

Dart News welcomes contributions from the staff and all members of QuIVAA as well as organisations and those who express interest in issues which relate to the HIV virus.

Articles which reach Dart News after the dead line will not be published for we have time lines to adhere to, although the item maybe published in the next issue.

Sexist and racist language should be avoided. Rough drafts, even hand written ones are quite acceptable to send in. The Dart News team will gladly fix up spelling mistakes and type up and publish your article. We certainly welcome your letters, poems, puzzles and any thing which makes Dart News more interesting.

Send your items to;

Dart News
P.O BOX 644
WOOLONGABBA 4102

If You wish to visit QuIVAA,

QuIVAA
3 WATER St.
MATER HILL 4102

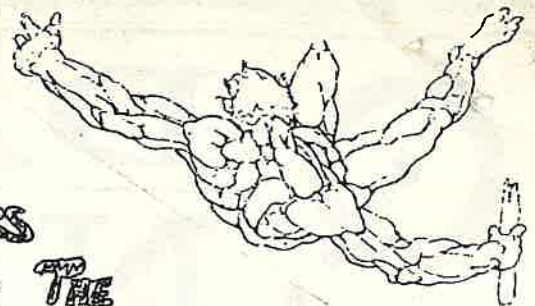
phone: (07) 844 7440

fax: (07) 846 5187



THIS ISSUE OF DART NEWS WAS COMPLETED WITH THE UNTIRING SUPPORT OF MARK, WHO GAVE HIS TIME UNSTINTINGLY, ANNETTE THE TYPEWRITERWONDER, ROBBIE, WHO UNFORTUNATELY, FELL ILL DURING THE EXERCISE, GET BETTER SOON ROBBIE. ALSO TONY AND ANN WITHOUT WHOSE EFFORTS WE WOULD ALL BE MUCH POORER. MANY THANKS AS WELL TO ALL THE VOLLIES WHO HELPED WITH THE ASSEMBLY AND MAILOUT. WE COULD NOT DO IT WITHOUT YOU.....

LETTERS TO THE EDITOR...



DEAR EDITOR,
I HAVE JUST RECEIVED MY COPY OF DART NEWS, ITS GROOVY, AND BESIDES I DONT GET MANY LETTERS THAT ARE NOT BILLS OR JUNK MAIL, THANKS, KEEP UP THE GOOD WORK FOLKS,
LONER.

Dear Editor,
More jokes and poetry please
I can only read the HIV info so many times before it all starts to sound the same.
Dart News is supposed to be a means of reaching other members of quivaa, is it not, ///
D.HEAD.

DEAR EDITOR,
CAN YOU PRINT MORE LEGAL INFO PLEASE, ALSO ANT HASSLES PEOPLE HAVE GETTING FITS FROM CHEMIST SHOPS OR HASSLES WITH THE COPS ABOUT THE SAME, KNOWLEDGE IS POWER, POWER TO THE PEOPLE!!

NO FITS LEFT!
GOT TO GET TO
QUIVAA FAST!!!

OOOO



SAFE SEX KIT...

Why Do We Need a New Safe Sex Kit?

Because users are really getting it together when it comes to not sharing fits but, it seems they are willing to share just about everything else by having unprotected sex! So, seeing as everyone is so into sharing let's share some information...let's talk about sex...

SAFE SEX ACTIVITIES AND WORKSHOPS

Photography Workshops and Drop-In Centre Exhibition

We want to run a series of workshops about black and white photography with a view of organising a exhibition in the Drop-In Centre at QuIVAA during May.

The first workshop will be held on Thursday 14th March at 11.00am at QuIVAA. The first workshop will be used to find out what people already know about photography, and what they would like to learn. The content of the workshops is entirely up to you!

Some ideas that have been suggested for possible workshops are:

- * How to use a camera.
- * What lenses and film to use for different effects.
- * How to set up a shot.
- * Lighting.
- * Developing.
- * Organising an exhibition.
- * Mounting images etc.

If you have always wanted to learn about photography you should try and make it along. Alternatively, if you already have a handle on photography and have some black and white images linking safe sex and safe needle use that you want to exhibit and/or sell, send or drop them in at QuIVAA.

Through the workshops and the exhibition we hope to get some groovy images to use on posters and postcards etc., in the Safe Sex Kit. Of course, any images used will only be used with the permission and in consultation with the photographer.

- * Food and drinks will be provided at all workshops.

Life Drawing Classes

If you like scribbling, come along to the Safe Sex Life Drawing Classes. We will supply the models (clothed of course!), the paper, the charcoals and pencils, the easels, food and drinks, and all you have to do is turn up and have a good time.

With these classes we are hoping to get some creative ideas and images to use on posters, postcards etc., for the Safe Sex Kit. So that, those who come along to the classes will also have the opportunity to learn the basics of designing and producing a poster and postcards.

The first workshop will be held on Wednesday 20th March at 6.30pm at QuIVAA.

- * Food and drinks will be provided at all classes.

Short Story Writing and Story Telling Workshop

These workshops will be run over a number of session and will experiment using role-playing, charades, scriptwriting and video techniques, mythology and poetry to develop accessible stories and tales about safe sex and sexuality.

If your into experimenting with words and reality to expand and create urban mythologies or, if you just enjoy spinning a good yarn, come along. The first workshop will be held on Tuesday 26th March at 3pm at QuIVAA. Food and drinks will be provided at all workshops for your pleasure.

* FOR FURTHER INFORMATION ABOUT THE SAFE SEX KIT PROJECT OR ANY OF THE WORKSHOPS, DROP-IN OR CALL ANNIE AT QuIVAA ON 844 7440 ON TUESDAY, WEDNESDAY OR THURSDAY.



THE EDITOR

It's 10pm on a hot Brisbane night, we sit in a subterranean flat at Highgate Hill. The neighbours are sitting in the front yard trying to cool down. I am finally ready to chat to Ken my friend. Ken has returned to Australia after years living in Japan and the U.K. I had lived with Ken in the seventies so many years.

What brought you back to Australia after living for seven years in Japan?

Wait there, what, I didn't come straight back to Australia. I lived in England for two years. Why did I come back from England? "yeah" I left the U.K. and also Japan because I was having visa troubles.

What things had the greatest impact after being away for so long?

First I noticed how green everything was, Sydney looked more tropical and it rained for three months every day, oh there's a huge cockroach. I thought people were more polite.

What else?

Uh, the next big thing I noticed was that alot of my friends had died either from drugs, alcohol and a few friends I had were H.I.V.+ov. Also many people I was meeting were H.I.V.+ov, which was something new for me. When I was in London and Japan I had not met anyone who was H.I.V.+ov, Australia was like the horror stories I had heard about America. I was horrified by stories of AIDS in New York from people I had met in Japan.

When was this?

This was 1984, I think?

How long were you in Japan?

From 1981 to 1987.

What were the Japanese people you knew reaction to AIDS?

There was not much news in the media in the early years. In 1985 it became known as a Westerners disease. I heard talk from Japanese girls that if they had sex with a Westerner they would get AIDS. See the thing in Japan is that they don't report news from outside of Japan, only if it affected them. So in the early 80's AIDS was not an issue for them. "No", it was considered a Westerners disease.



Being a Westerner (GIJIN) were you ever affected by peoples attitudes about AIDS?

The only thing that was ever said to me was Sammy the Japanese woman I was married too, she said before going to a club I used to go to, not to go to the toilet because there was AIDS in the air. That was typical of the Japanese in 1987. -

I used to go to a club in Tokyo and a Western guy who I had met was H.I.V.+ov was thrown out of Japan by the authorities. I also heard that a prostitute from the Philippines who had been working for the Japanese Mafia (YUKOZA) had AIDS and maybe infected 60 of her customers. None of this was substantiated in the media.

What was the relationship to you of the first person you had met in Australia who was H.I.V.+ov?

A friend who I had known since 1976.

Were you close friends?

Yes, when I came back after three or four visits he told me he was H.I.V.+ov.

What was your reaction?

Uh-It did not have much meaning to me he could have said let's go to a club tonight. After we spoke for a while I realised it was very hard for him to tell me. I also felt it was something he wanted me to know and not repeat to others. He had lost friends from telling others he was H.I.V.+ov.

With me it's like any other disease it's hard to understand what that person is going through, I also try not to think about that person being H.I.V.+ov. because I don't want to act any differently. I find I get very concerned for him or anyone who is H.I.V.+ov. When I hear about their health problems I sometimes find I become like a mother to them. I would feel the same if they had cancer or any other disease.

Have you lost any friends through AIDS?

No, I lost a friend through an overdose who I suspected had AIDS. Most of my friends who are H.I.V.+ov are still living and are looking after themselves.

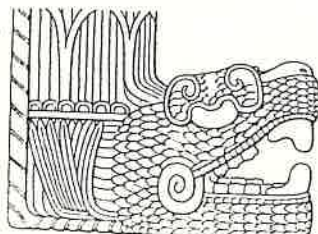
What was your reaction to your friend's death?

I was very angry that he was so stupid and such a glutton

Who were you angry with?

With him, he should have been more aware.

Why?



He'd been a nurse and had used drugs for a long time and should have known his tolerance. After a week it hit me and I broke down crying remembering I had had two dreams about him dying from drugs.

Who were you crying for? Long silence.

Probably neither him or me. It was the hopelessness. I could not reach through his drug haze.

What do you think about drugs these days?

Before when I took drugs because they were around and made me feel better, they cut out the boredom, you could escape from the soap opera for awhile. Now sometimes I do take drugs for the same reasons but more now I find I take drugs for a different reason. Like ecstasy to go dancing speedif I have to stay awake and do work. I try not to take them if I'm sitting around being bored. I must say I do love drugs.

I've always given one up if I feel it's becoming a problem. I also find I get bored with the same drug if I have it every day. I have managed not to have a problem with coming down. I never have taken methadone to get me off smack. I've taken it to get high.

Does AIDS scare you personally?

I-I-I-Say, Um, Wait a minute, I think if I had AIDS it would be like having cancer. I would continue my life the same was as I do now. No I am not scared. Mind you I've never had a H.I.V. test. It's a pity you can get AIDS from having sex or a good time, like using drugs you know hitting up, you have to pay for having a good time.

TRICKY DICKY'S. USED FITS.



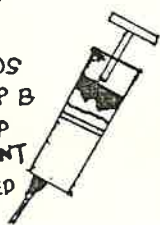
SAVE TIME
TRUST ME.
ONLY USED ONCE



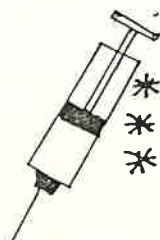
Would You Buy A USED FIT FROM
THIS MAN?

OR GET ONE FREE, NEW
& CLEAN FROM THE NEEDLE
EXCHANGE in THE VALLEY

* AIDS
* HEP B
* SEP
* BLUNT
* SHARED



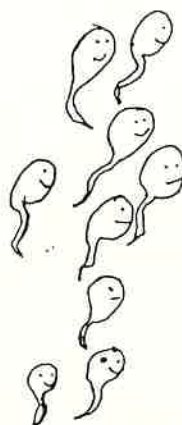
Vs



* LEGAL.
* CLEAN.
* SOLO.

Chailie Chekmate

Says *Safely First, Always Come
between the Late.*



As they
all look the
Same.

You can't tel
the good ones
from the H.I.V.
So Come Safe
Between the Late

"PRESIDENTIAL REPORT"

Hello Everyone ... Membership, Readers and Officials.

Welcome to a new year -1991- with QuIVAA! What I wanted to say right off.... there's more work to this job than first met my eye. It is definitely not a picnic! The last couple of months have been hectic with staff turnover, meetings, new positions, interviews, and new projects.

We have been subject to a lot of pressure internally and externally and we all have had to adjust to a lot of changes (a few people have left the scene and a few more have made their entrance), and that is what a living and growing organisation is all about... change and growth.

The upshot of all that and the thing that is most important for you, the reader, is that QuIVAA has demonstrated it has the secure base, the organisational strength and the membership and staff commitment to successfully cope with change.

QuIVAA is on the scene in a powerful way in 1991 with increased membership, extra staff and devastating/ new projects. Sounds O.K... read on. So where do we start?

Well, the end of 1990 saw the planned retirement of our Coordinator, Genevieve. Gen is a hard act to follow. Bye Gen...Thanks for all the help when I was starting out!

Past President, Jillo Dixon, has left the management to pursue a career with the state health department. She's still in the AIDS area and will be offering advise in the future. It's probably fair to say that QuIVAA wouldn't be where it is today (at the forefront of IDU/AIDS organisations in Australia) without Jillo Dixon.

"Best of luck Jillo from all of us down at QuIVAA".

Thomas Vale-Slattery directed the Art Attack team last year. He gave freely of his time and expertise and we thank TVS deeply for all his help. The very beautiful and very street, "Benjamin" is assisting now, along with Janine. Interested? Come in ...any Friday.

We've got a "Safe Sex" project on early this year and to help organise it we've employed a new project worker "Annie Madden" and a Community Artist "Susi Blackwell".

QuIVAA will be running focus groups soon where 'YOU' can contribute to the construction of posters and leaflets. Welcome Annie and Susi to the team.



JACKSON STATE UNIVERSITY

JACKSON, MISSISSIPPI 39217

January 9, 1991

QuiVAA
3 Water Street
Mater Hill, Queensland 4101
Australia

To Colin, John, and QuiVAA:

I was delighted to receive the December issue of the DART NEWS. It brought back warm memories of my visit with you last fall. And it is with the other issues of the DART NEWS displayed in my office for one and all to read. You, in Queensland, are so far ahead of Mississippi and it is tragically reflected in our dismal AIDS statistics.

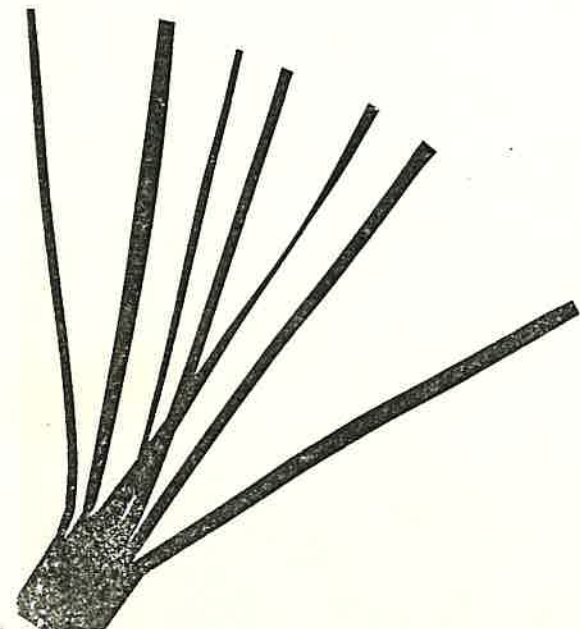
As the New Year begins, I hope and pray for you -- that you may succeed in preventing there the magnitude of the AIDS health crisis with which we grapple here.

Thanks for remembering me. I look forward to receiving the next issue of DART NEWS and thank whoever added my name to your mailing list.

Best regards,

Janet

Janet S. St. Lawrence, Ph.D.
Professor of Psychology



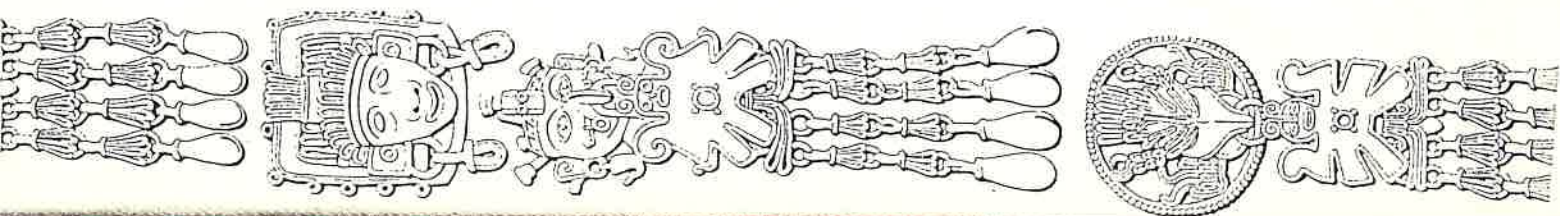
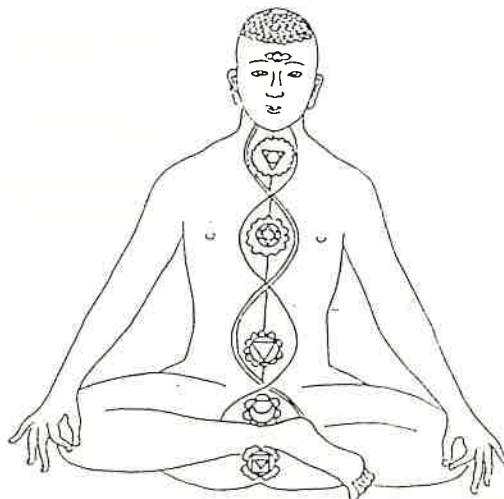
Lastly, I like to welcome two new members to QuIVAA's management committee and say goodbye, 'Thanks A Million' to outgoing members Carole and Steve. I believe we've just inherited two potent resources with the induction of Kathy M and Alex W to the Management Committee of QuIVAA.....both are prominent and knowledgable and skilled and, I believe, their input to the management process will be invaluable.

Seeing as "you", users and membership in the Brisbane community own this organisation....(we are a user-self organisation), I see my job as interpreter and progress reporter to the community.

My report to you therefore is this : We've got good people in staff, we've got interesting new projects coming up this year - along with our standard projects - and we've got a strong and skilled management committee keeping things organised. We have faced change and conflict (the normal trials of any organisation) successfully and demonstrated our internal and our structural strength. We have good relationships with the government and are well thought of in that area. most of all we get out into the community and admirably fulfil our primary function.....prevention of HIV/AIDS amongst injecting drug users.

UNTIL NEXT TIME

MICHAEL LANE
(PRESIDENT)



LET'S BE PROUD

People often use words to put other people down such as, poofster, junkie, dyke or f*** witt. These words are used to increase the self esteem of the abuser at the expense of the abused. If we take pride in ourselves such abuse becomes less hurtful and diminishes altogether.

The Gay Community for a long time have emphasised Gay Pride and have used symbols of oppression, namely the pink triangle.

(it was used by the nazis in the concentration camps) Such oppression still exists whether it be state laws, the work place or in the community at large. These oppressions have united the Gay Community and organised themselves to look after their own and have built pride in their community.

Similarly the Women's and Lesbian Movement have endorsed their own banners to rally behind. It was suggested by a noted feminist writer that the colours of green for hope, purple for dignity and white for purity would be an appropriate banner for women to unite, organise and overcome social injustice through struggle and pride. Lesbians, have adopted the colour lavender and the

ancient symbol of the double sided axe. Like the Gay Community, the Lesbians are trying hard under a unified banner to overcome social oppression.

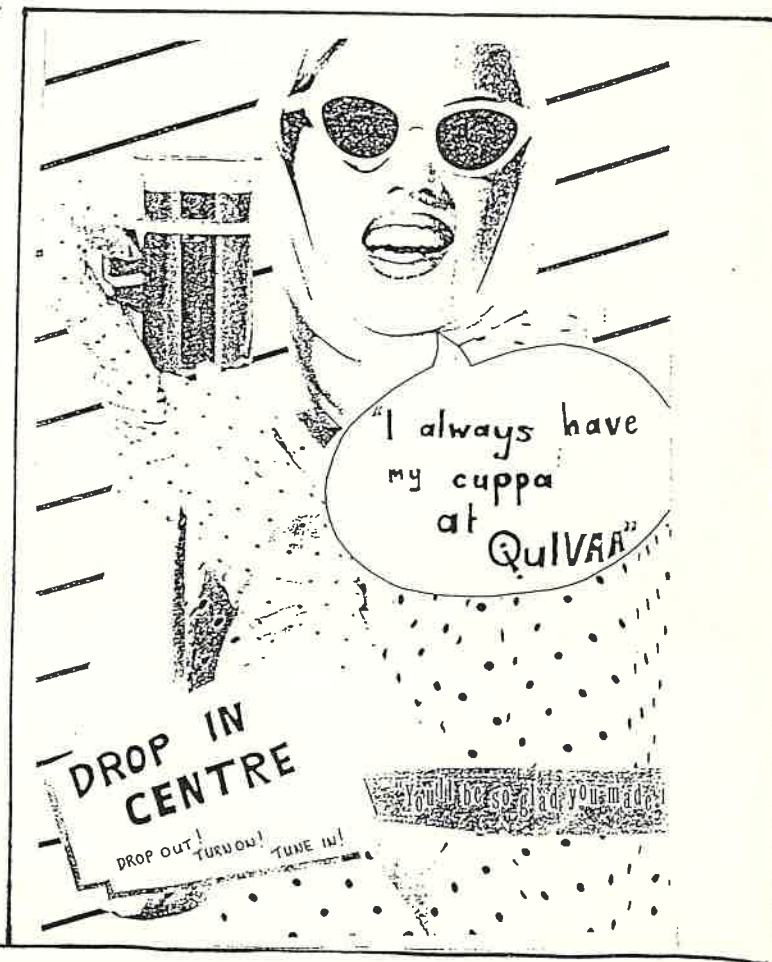
The Murri Community have done well to develop a sense of pride within their own group and strike out against social injustices and have tried to rebuild the "old ways" despite the social pressures on their Community.

Unfortunately there has been little pride amongst the User Community, long term drug users or those who use only now and then. Of course there problems with the law, but we know it's great to enjoy ourselves but we are not dirty junkies. We are ordinary people with needs like everyone else.

Lets develop some pride, lets look after ourselves, know the law, become safe in our sex and syringe use, for we have to care others we love. Let's unite, be strong and proud.

Possible ways of achieving such pride is to get involved with QuIVAA, learn about the law and practice safe sex and syringe use and look after your health.

Thanks to QUAC, Lesbian and Gay Counselling and the Women's Information Service.



DON'T SHUT THE DOOR ON HOPE

Most addicts are familiar with the feeling of despair and hopelessness that comes with the disease of addiction.

It should not be too hard, therefore, to relate to the despair and hopelessness a person with the H.I.V. virus may feel. I know that's how I felt when I first found out I was H.I.V.+Ov.

Whilst the attitude of hopelessness may be natural it is important to realize that any disease can at the very least be put on hold. At least that's my belief.

Even though there may not be any cure for A.I.D.S. on the horizon, we should not give up on hope, for hope is an essential ingredient for healthy living. We all have the power to act responsibly whether we have the virus or not

Those of us who are not infected can maintain this by practising safe sex and not sharing needles. Those of us who are infected need to take a positive outlook in order to optimise the chances of good health and emotional well being.

Whilst the H.I.V. infection may well lead to serious disease and death it is not a time to throw in the towel. There is a growing number of people who are maintaining and improving their health, even though they have been classified as having A.I.D.S. We can create the environment for recovery.



LIVING WITH H.I.V.
AND NUTRITIONAL FOOD TODAY

I have discovered a book that was written by a lady, PETREA KING. Petrea has spent alot of time putting a book together for people who have life threatening diseases. People who are H.I.V.+Ov should try to take extra care with there food, remember the old saying You are What you Eat, this not only apply's to H.I.V.+Ov poeple to everybody.

I've taken a chapter from Petrea's book about Nutrition, she starts by explaining the foods you should totally avoid. Foods containing Preservatives, colourings, MSG (Monosodium glutamate), emulsifiers, stabilisers and added sugar. Most chemical additives cause alot of stress on the liver.

FROZEN FOODS:

Avoid frozen foods because they have lost much of their vitality. Try to stick to fresh vegies. The body loves fresh food. Most people who live on there own or come home feeling tired or hassled don't feel like preparing a nutritious meal, who wants to spend alot of time in the kitchen, have some easy to prepare food in the fridge, like salad stuff wholemeal bread vegies etc. Most cities and towns have health shops and you can usually purchase from them soups casser-oles, hunza pies and so on. Aquick healthy meal at home, peel a potato, boil it open a tin of tuna mash them both together then fry them with some low cholesterol marge or oil then throw some salad with your tuna burgers. This is a great summer meal and in winter boil or steam some nice hot vegies.

CANNED FRUITS AND VEGETABLES; These are best avoided altogether as much of their valuable vitamin content has been destroyed through the canning process. They have lost their freshness and vitality.

CANNED FISH; Salmon and Tuna which have been canned are fine unless you have chosen a 100 per cent vegetarian diet. There are no preservatives added in the canning process. The protein content has not been destroyed.

PACKET OR PROCESSED FOODS; Avoid these, as they are generally not fresh and have substances added to them to prolong shelf life.

FATTY OR FRIED FOODS; Avoid these altogether, as they are an unnecessary stress on the liver, are often high in cholesterol, and are of no benifit to the body.

MEAT; The addition of meat to your diet will depend very much on the state of your health. Some people, believing cancer thrives on protein, decide to adopt a very low protein diet. This is a little short-sighted as every process in the body is also dependent on protein. In the Western world we tend to rely heavily on meat protein in our diet. This has changed in the last fifteen years quite dramatically, as people have adopted healthier eating patterns. For some poeple to adopt a totally vegetarian diet could be too radical an approach. They may need to move more slowly in that direction. The problem with red meat is that when it is kept in a dark warm place for any length of time it putrefies. If red meat sits around in our bowel for a long period of time, the toxins which result from the putrefaction may well enter the bloodstream.

EGGS; Try to avoid eggs laid by miserable chooks. This is very hard when you live in a big city because it's so easy buying a carton of eggs in your local supermarket, most supermarket eggs have been laid by chooks which are called battery hens. So these eggs may need to be restricted or eliminated altogether by people who are unwell.

MILK; The consumption of milk is every bit as controversial as the custom of meat-eating. The enzymes involved in the digestion of milk are ~~renin and lactase~~. These enzymes are present in our bodies as babies, but are all but gone by the time we reach the age of three. As we no longer have the necessary enzymes to properly or completely digest milk, I believe we are certainly much better off without it. Milk is great food for babies who are doing a lot of growing, especially growing bones, but not for adults. Why not try soy milk. It has nearly the same nutritional value as cow's milk without the detrimental aspects

SALT; Salt should be used sparingly, if at all. Replace with either coarsely ground sea salt (use a salt grinder) or seasoned salt. The seasoned salt relies on sea salt with the addition of salty herbs, such as parsley or celery.

VINEGAR; Vinegar is best avoided, as it is a ferment and it inhibits digestion of starches. Use lemon juice instead.

BREADS; Use only whole-grain breads. Many breads are available now from organically grown wheat or rye. It may be preferable for you to use a yeast-free bread, depending on your particular health problem.

BUTTER AND MARGARINE; My preference is for butter, but used very sparingly. It may need to be eliminated altogether if you have a liver problem.

FRESH FRUITS; An abundance of fresh fruit in your diet is to be encouraged unless you are on a sugar-free diet, in which case you may need to restrict the fruit to three pieces per day. Choose from a wide range of fruits to ensure you acquire all your vitamin and mineral needs. If you have tummy problems, then it is very likely oranges will make it worse. So try to avoid them. Avocado in your diet also may antagonise the liver so avoid them they are high in oils.

PASTA; Whole wheat pastas are fine. Enquire about the ingredients of freshly made, store bought pastas.

Most of these foods are around the same price as foods with all those additives. All it takes is a little more time when your shopping. In the next addition of Dart News I will put together some great quick and easy recipes full of Nutrition. And remember, YOU ARE WHAT YOU EAT.

TAKE CARE

ANNETTE xxx



DROP IN CENTRE.....
 O.K. I'M BACK TO FILL YOU IN ON ALL THE 'GOSS' OR IF
 YOU'RE NOT A 'GOSSIP-MUNGA' I'LL JUST GIVE YOU THE INFO
 ON WHATS GOING DOWN.
 TUESDAY'S BADGEMAKING MAKE YOUR OWN LOGOS, PAINT ON
 THEM, JUST LET YOU'RE CREATIVE HEAD LOOSE. ON FRIDAY
 MORNING'S 'ART ATTACK' IS STILL HAPPENING. WE WILL BE
 STARTING THE MURAL AT QUIVAA IN THE DROP IN CENTRE,
 SO DROP IN FOR THAT ON FRIDAY MORNING'S AROUND 11A.M.
 WHEN WE'VE DONE 'OUR HOUSE' WE WILL BE GOING OUT TO
 GRIFFITH UNI TO DO A BIG COLOURFUL WALL FOR THEM. BY
 THE TIME WE FINISH THE QUIVAA MURAL WE'LL BE CHAOTICALLY
 QUALIFIED TO PAINT JUST ABOUT ANYTHING, ANYWHERE, WHO
 KNOWS-MAYBE THE WHITE HOUSE!!! BUT FRIDAY'S DONT FINISH
 THERE, IN THE AFTERNOON THERE'S COLIN'S AIDS WORKSHOP
 INFORMATIVE, FUN AND INTERESTING, THE ONLY THING MISSING
 THERE IS THE LAMINGTONS, WE'VE GOT TEA, COFFEE AND ~~BIKKIES~~
 ...WE'VE ALSO GOT A NEEDLE EXCHANGE NOW....
 FUCK YOU GUYS, COME DOWN AND GET INTO IT,
 LOVE, TASH.....;



ARTWORK
 BY
 'STREETWISE
 COMICS'

IF YOU CAN'T GET A NEW FIT: RINSE NEEDLES THROUGH TWICE WITH COLD, CLEAN TAP WATER - TWICE WITH FRESH BLEACH - AND TWICE WITH WATER AGAIN!



NEEDLE EXCHANGES IN BRISBANE

QUIVAA

3 WATER ST. MATER HILL 9A.M TO 5P.M.
 MONDAY TO FRIDAY. FITS, SWABS, FILTERS
 STERILE WATER, CONDOMS AND LUBE.
 ALL FREE...
 QUIVAAA ALSO HAS EXCHANGE
 WORKERS ON THE STREET SO GET TO KNOW
 THEM AND MAKE IT EASY ON YOURSELF.
 PHONE 8447440 FOR INFO.....

SQWISI

65 VULTURE ST. WEST END. MON. TO FRI.
 NEEDLE EXCHANGE, CONDOMS, LUBE + INFO
 FOR SEX WORKERS PHONE 8444565

VALLEY

162 ALFRED ST. FORT. VALLEY.
 NEEDLE EXCHANGE, CONDOMS, LUBE.
 1P.M. TO 9P.M. DAILY. 2362400

BIALA

270 ROMA ST. CITY
 NEEDLE EXCHANGE, CONDOMS, LUBE.
 9 P.M. TO 1 P.M. DAILY.
 PHONE 2362400.....

ART ATTACK

Hi everybody, YES ITS NEW.....ITS EXCITING
and ... YESITS happening at QuIVAA

We are going to paint a mural on the wall in the Drop In
Centre. And then..... we are going to paint 2 walls at
GRIFFITH UNIVERSITY.

So come on..... I want all your great ideas. I know that
most of you if not all of you are creative with wild and
exotic imaginations.

So come on..... make sure you come, here at QuIVAA on
FRIDAYS at 10-00 am to take part in this exciting
project. Lets get covered in paint, (the wall too!) and
put our own personal mark on QuIVAA's wall. The subject
of course isSAFE SEX.....SAFE DISPOSAL which of
course we all know about, don't we!

SOooooo.....Come on down and do your bit for AIDS
PREVENTION as well as having an absolute ball.

CRITERIA.....human.....crazy.....only joking.

If you want more information call 8447440 ask for Janine
otherwise just roll up on Friday at 10-00.....BYE.....



PROJECT NOCTURN

Hi everyone, hope you had a good one! Well I've had a
very busy beginning to the year. Being O' week at all the
colleges and universities I think we went everywhere.
lets see, there was 7Hills Art college

Kelvin Grove college

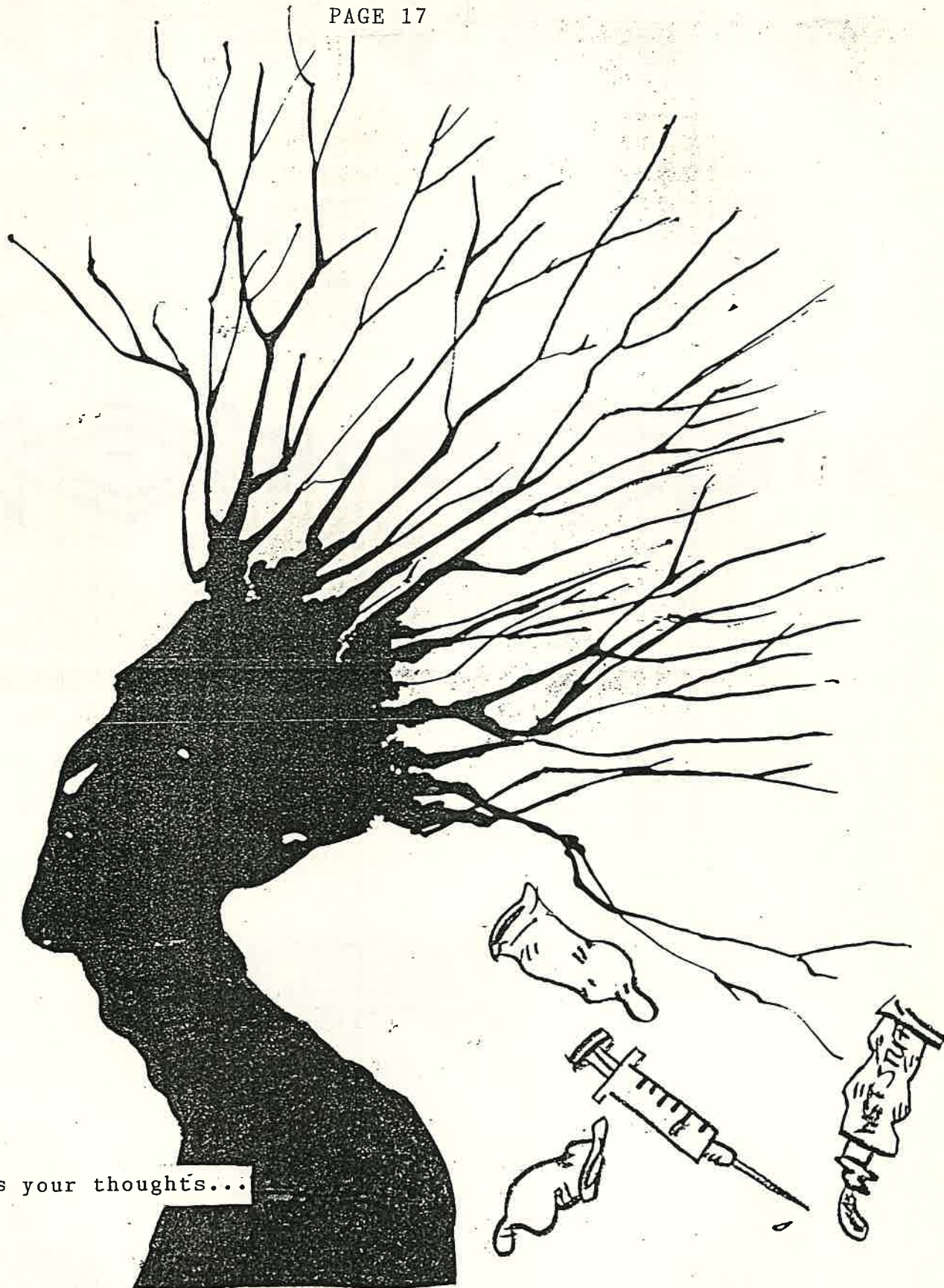
QUT Gardens college

Again, our presence there seems to improve each year, they
keep asking us back too!! Well, with all our goodies
being free, do you blame them. I'll just familiarise you
with PROJECT NOCTURN - we go to night clubs and Hotels
trying to reach injecting drug users, occasional,
recreational, friends of users or users in treatment. We
give out pamphlets, posters, badges, stickers, condoms.
All information is on Aids prevention being safe sex and
safe needle cleaning procedures if sharing a needle and
safe disposal. It is important for users to take
responsibility for Aids prevention. Well the next event
is very soon at the Orient...wanna come.....ring me.
Then the big one, The Slenze Ball on March 30th
You get free entry into the venue, no travelling costs
talk to lots of people, distribute information, listen
to hands and lots more. It is a funtime I am looking
for new people to join the team so ring me anytime on

8447440.....JANINE.....BYE

HAVE YOU EVER REALLY THOUGHT ABOUT THE LINK BETWEEN
SAFE SEX AND SAFE NEEDLE USE?...REALLY?

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If so, send us your thoughts...

poetry
stories
images
drawings
photographs
anything else, or...

come along to the Safe Sex Kit Workshops and activities and
learn about photography, short story writing and telling or life
drawing.

send your ideas to: QuIVAA

Safe Sex Kit
P.O. BOX 644
Woolloongabba 4102.

or contact Annie at QuIVAA on Tuesday, Wednesday or Thursday on 8447440

DART NEWS

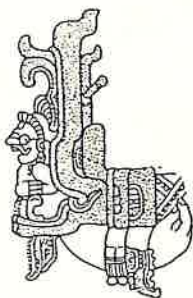
Good Bye to one of our Bro's, Andy Carter (4-9-67 to 22-2-91) who liked to experience , all that life had to offer. Sex, drugs and rock'n roll plus a lot more. Tearful sorrow go out to his folks and family. Andy you'll be sadly missed, but I know that you're in a better place and I beleive you when you said it would be the ultimate trip.

Streetwork is now offering a needle exchange as part of its operation. Workers are on the street most days and any special requests will be attended to promptly by ringing B.J. or Ray on 8447440. This new program at Quivaa needs volunteers to staff the exchange and work on the streets.

A full training program is available and the necessary authorisation will be applied for on your behalf by Quivaa upon completion.

This is demanding, yet very rewarding, work. Not all persons will find themselves suited to this type of employment.

If you feel that you can handle the sort of pressures inherent in streetwork please, please give us a call on 8447440.



do you feel wasted?

THEN BE A STREETWORK
VOLUNTEER!

RING 8447440

or

SEE RAY OR BJ AT QUIVAA

ATTENTION BONNIE AND CLYDE, NED KELLY AND ALL YOU ANTIHEROES OUT THERE

The needle and syringe exchange service now operating in some chemist shops around Brisbane is a hard won victory against the forces of conservatism. It is provided, generally, by sympathetic pharmacists aware of the threat posed by the HIV virus to users at large. These people are on your side!!!!

This service will disappear if these chemist shops continue to be raided by revolutionaries bent on proving their expertise with the blade and the iron bar.

CLEAN FITS SAVE LIVES!!!!!! Maybe even your own. The least we can do as users is to let these good samaritans provide this service to our compadres unmolested. Eh?

We need all the help we can get in this battle against the virus. These people are on our side!!!! Forcrisake!!!!

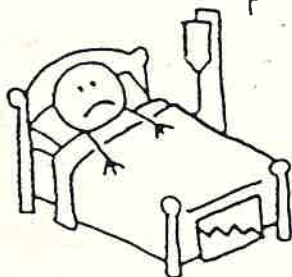
Another issue is.... If we are to ever address the stigma surrounding users, as practiced by the general community, we have to practise restraint, if you get my drift. B.J.

UNMATCHED PROTECTION™



See Dick
with an
erection.

See Dick
with no
protection.



See Dick
with an
infection.

DIRECTORY

Queensland AIDS Council- QuAC

546 Stanley Street
Mater Hill Qld 4101
Phone 07- 844 1990
(24 hours)

AIDS education to the community, support and care of people living with AIDS, welfare, public speaking, advocacy, Bi-sexual counselling service, vitamin and food co-op, accommodation, home help etc.

Self Health for Queensland Workers in the Sex Industry- SQWLSI

65 Vulture Street
West End
Phone 07- 844-4565
Contact : Joanne or Jenny
Provides AIDS and STD education to workers as well as support and outreach work.

Brisbane Youth Service- BYS

702 Ann Street
Fortitude Valley
Phone 07- 852-1382
Contact : Carol, Karen and Brendon
AIDS education and support to youth at risk. In the Brisbane City area.

Aboriginal and Islander Community Health Service- AICHS

10 Hubert Street
Woolloongabba
Phone 07-393-0055
Contact: Sharon
AIDS education, advice and referral for Aboriginal and Islander people in Brisbane.

Youth and Family Service (Logan City)

2 Rowan Street
Slacks Creek
Phone 07- 208-8199
Contact : Jan Rigsby
Provides AIDS education and referrals to youth in the Logan City area. Accommodation and family counselling. Also operate a Health Bus Weds Thurs and Friday nights.

AIDS Medical Unit - AMU

6th Floor, Health and Welfare Building
63 George Street
Brisbane
Phone 07- 224-5526
Mon to Fri 9am to 4pm
Antibody testing, pre and post test counselling, outpatient services. No appointment required.

Sexually Transmitted Diseases Clinic

484 Adelaide Street
Brisbane
Phone 07-227-7091 (males)
07-227-7095 (women)
Antibody testing, tests and treatment for other Sexually Transmitted Diseases.

Alcohol and Drug Dependence Services

ADDs "Biala"
270 Roma Street
Brisbane
Phone 07- 236- 2400
07- 236- 2414
24hrs 008- 177-833
Information and referral on drug and alcohol issues.

Sunshine Coast Intravenous AIDS Association- SCIVAA

Phone 071-437144
AIDS education for users on the Sunshine Coast. This group is looking for members to help it in its activities.

Queensland Positive People (QPP)

5 Allen Street
Woolloongabba 4102
Phone 07-846-3939
Operates a day centre for HIV+ve people, provides support and counselling.

Allen Street Centre

5 Allen Street
Woolloongabba 4102
Phone 07-846-3939
Gay and Lesbian Health Service. General medical practice specialising in sexuality counselling, HIV testing, Hep B. Takes medicare cards, offers an informed and non judgmental approach to health care. This service will be moving in Jan to Highgate Hill.

NEEDLE EXCHANGES

QULVA
9 to 5 pm Mon to Fri
Free fits condoms information.
3 Water Street
Mater Hill
844-7440
"BIALA"
9pm to 1pm everyday
270 Roma Street
Brisbane
236-2400
FORTITUDE VALLEY
1 TO 9pm daily
162 Alfred Street
Fortitude Valley