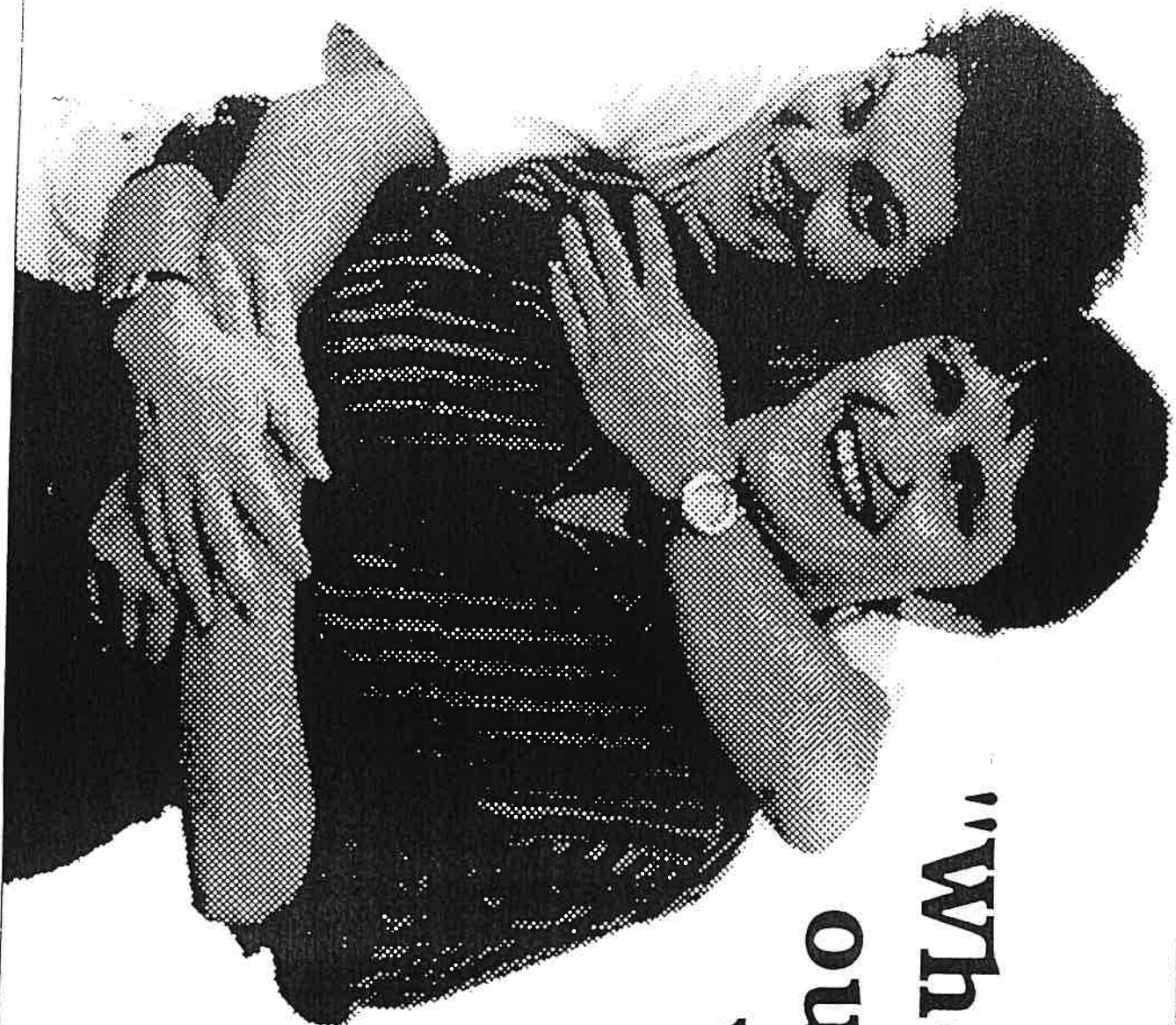


news

CHRISTMAS 1995



**"When I found
out my mum
was an IDU,
I blamed
myself.
Now she's
my dealer."**

BORED? DAZED?

Got nothing to do?

Got something to say?

Why not

CONTRIBUTE?

If you like the thought of having your work read by millions of people (well, several hundred at least!) or having your artwork hung on walls everywhere (at least in lots of IDU households across Brisbane), then you need to send that work to the editor of **Dart News** and send it no later than **JANUARY 15, 1996**. Bring it in to QUIVAA, or post it to Tracey Wing, QUIVAA, 93 Brunswick St, Fortitude Valley, 4006. It doesn't give you much time but it's something to do when the festering season has done its dash.

The next edition of Dart is a double poster edition and will have both written articles and fold out A3 size posters to make your walls pretty. Remember, if you want to submit artwork for a poster, the final print will be limited to black and one colour, but feel free to discuss this at length with Tracey Wing-Dart editor and expert bribe taker.

If you want to do some work on a computer, this can be arranged by calling Tracey at QUIVAA on: 3252 5390, business hours. Call now and you also get a free 10 pack and a flavoured condom!

QUIVAA POET'S CORNER

OUT THERE

OUT THERE

THERE'S PEOPLE I LOVE
I CAN'T GET IN TOUCH
THERE, THE LOVE IN MY HEART
IN TOUCH I CAN'T GET
IN THERE

THERE'S PAIN IN MY HEAD
IT'S LOVE FOR ALL & IT HURTS
THERE'S SOME THAT I NEED
BOTH PEOPLE, PAIN & LOVE
MOST SHOULD GET LOST
BUT I CAN'T GET IN TOUCH
AND THE LOVE BURNS
THE LOVE BURNS

LOVE BURNS

BURNS

AND THE PAIN IN MY HEAD
THE PAIN

IN TOUCH I CAN'T GET
PLEASE TOUCH ME

TOUCH ME

LOVE ME

is this selfish

AARRGHH!!!!

FUCK!! ME!!!

ANOTHER DEATH BY MISUNDERSTANDING
CAUSE I CAN'T GET IN TOUCH
I LOVE SO MANY, SORRY TO THEM
BUT DEATH'S ARMS ARE ALWAYS THERE
BECKONING.

_____ terry

'She will suffer the needle chill, she's running to stand still.'
(Line from a U2 song)

Alice Came Back A Fallen Woman

Alice doesn't suffer the needle, it is a self-penetration of her flesh
that brings her more pleasure than any penetration by man.
She runs to stay ahead, to get away, for joy of running, just to show she can
'I'm a fallen woman now, oh a terrible, wicked woman,
I'm not a babe in wonderland, trying my first mushroom,
no long, hairy caterpillar tells me what to do,

She sings, and she skips, on her way to her dealer,

'I can penetrate myself, and my love is in my own likeness,
oh I'm an awful woman, isn't it a shame?'

She sways, and she sighs, on her way back from her dealer.

'Just look at my moral deficit, oh what will mother say?'

TRACEY WING

One person's view of heroin addiction. Author unknown, Long Bay Prisoner of C.I.P. in the late 80's.

MISS HEROIN

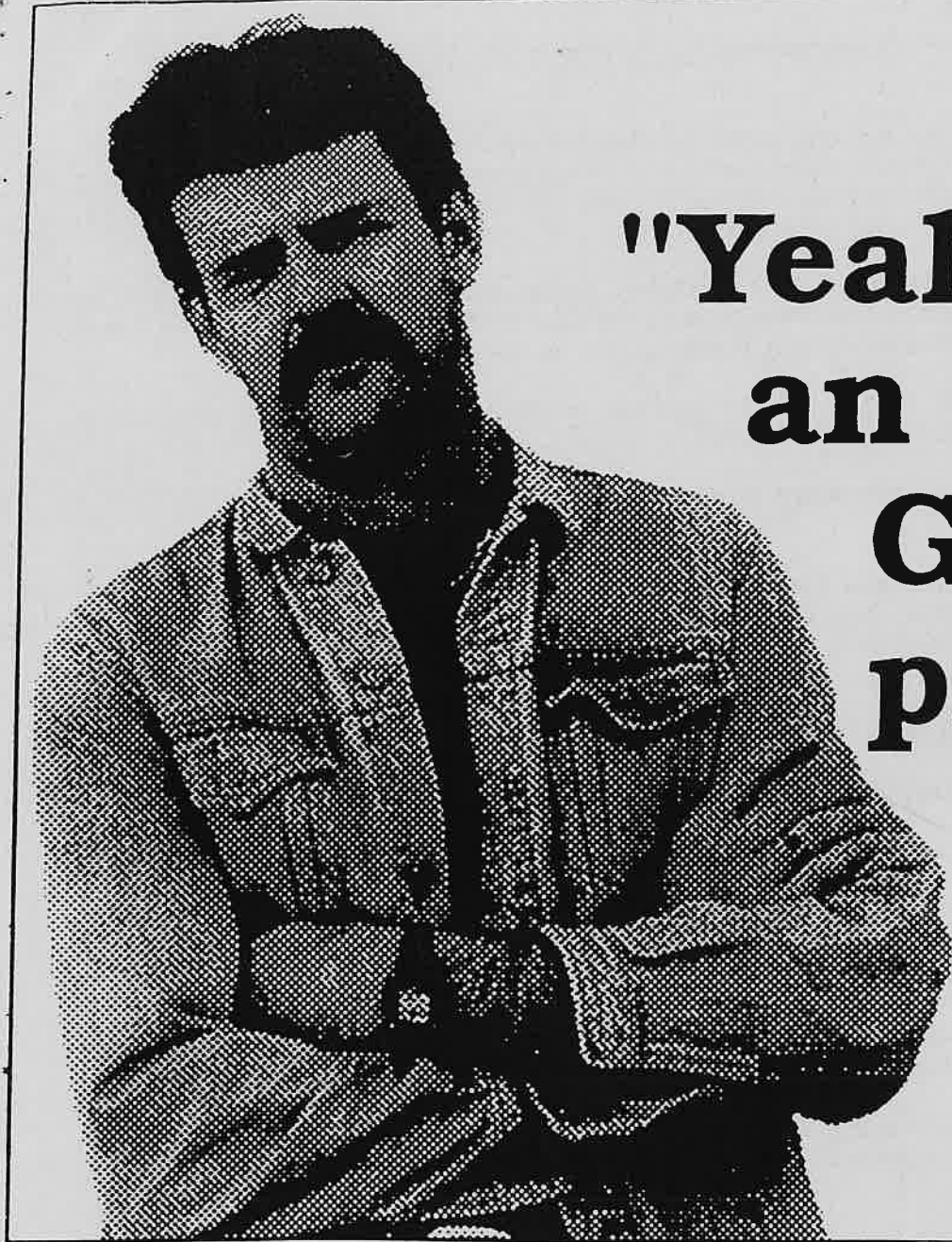
So now, little men, you've tired of grass
And someone pretending to be your friend
Said, "I'll introduce you to Miss Heroin"
Well, honey before you start fooling with me
Just let me tell you how it will be
For I will seduce you, and make you my slave
Believe me, I've sent stronger men to their grave
You think you could never become a disgrace
and end up addicted to this poppy seed waste
you'll start by experimenting one afternoon
and end up asleep in my arms very soon
Then once I have entered deep in your veins
The craving will drive you nearly insane
You'll need lots of money as you've been told,
For darling I'm expensive, more expensive than gold
You'll swindle your mother just for a buck
And turn into someone who is vile and corrupt
You'll mug and steal for this narcotic charm
Then feel so content when I'm in your arm
You'll realise the monster inside you has grown
And you'll swear solemnly to leave me alone
But if you think that it's easy, and that you've got the
knack
Then, sweetie, just try getting me off your back
The vomit, the cramps, your guts in a knot,
The jangling nerves screaming for just one shot
The hot chills, the cold sweat, the withdrawal pains
Can only be saved by my little white grains
So now you've returned, just as I foretold
And I know that you'll give me your body and soul
You'll give me your morals, your conscience, your
heart
Because now you are mine, 'til death do us part!!!!

Want to have a poem printed in Dart?

Send it to :

**Tracey Wing, c/- QUIVAA
93 Brunswick St,
Fortitude Valley, Q
4006.**





**"Yeah, I'm
an IDU.
Got a
problem
with
that?"**

STEROID DOSE CHART

Multiply the mg / ml (on the label) by the ml (amount of liquid measured in the syringe). As a general rule, try to keep dosages under 200mg per week.
eg. If the bottle says 50mg / ml, and you inject 1.5mls, you are taking 75mgs.

ml injected —>		0.5	0.8	1	1.5	2	2.5	3	4
mg/ml									
25		12.5	20	25	37.5	50	62.5	75	100
50		25	40	50	75	100	125	150	200
100		50	80	100	150	200	250	300	400
250		125	200	250	375	500	625	750	1000

ATTENTION ALL USER GROUPS

I am doing some work for the Commonwealth Government to find out the views of recreational and other users of illicit drugs on setting up a National Peak Body to represent consumers of all types of illicit drugs including speed, cocaine, heroin, steroids, pills etc.

The main reason for having a National Peak Body is to provide two-way information - from users to Government about users' needs and issues and also from Government to users about issues such as safety and health.

The first step is to find the user groups so that we can write to them, and perhaps meet with them early in 1996.

So, please answer the following questions and post your reply to:

National Peak Body Inquiry
Box 223 P.O. Bangalow
NSW 2479

1. Name of group
2. Address and phone no.
3. What does your group do?
4. Criteria for membership.
5. Geographic area covered.
6. Names and phone numbers of organisations you are closely aligned with or actively support.
7. Any other user groups you know of. (Please supply phone numbers if possible)

Note: The information you send will be treated as confidential.

Many Thanks
Sandra Heilpern

WARNING

all users

There is some super strong dope back on the streets which has been causing overdoses and deaths.

If you are planning on scoring, follow Harry's Horse Sense on getting stoned not buried.

Harry's Hint #1

DO A TASTE TEST. \$10 worth of this dope will be like having a \$50 of the stuff you usually take. Always test the dope by having a VERY small taste to start.

Divide how much you usually have by five and then have half of that.

SO if you usually have a \$25, have half a five, or \$2.50 worth at first. You can always have more if the gears not that strong.

Harry's Hint #2

DON'T INJECT ALONE ---make sure that there is someone with you that knows what you're doing and can help if you hit the floor.

Harry's Hint #3

If someone does drop start CPR straight away and call an ambulance.
Check out CPR on the back of this flyer

Resuscitation Flow Chart



Unconscious person

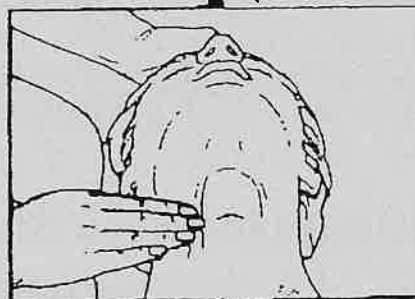
Open the airway

Breathing present
Pulse present

Breathing absent



5 full breaths of
expired air
resuscitation
(10 seconds)



Check carotid pulse

Breathing absent
Pulse present

Unconscious
Breathing absent
Pulse absent



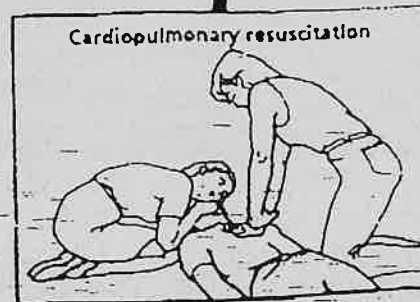
Recovery (lateral) position

Observe:
Airway
Breathing
circulation



Expired air resuscitation

Check carotid
pulse regularly



Cardiopulmonary resuscitation

Check for
spontaneous
carotid pulse

...seems to me the oath is hypocritical...

Doctors. Going to a doctor for many IDU's is often not for healthcare but for the acquisition of a prescription for drugs to aid or ease discomfort during detox, to maintain a dependency or to tide the person over until their drug of choice becomes available to them again. Doctors are thus seen as outlets for drug companies. But what about healthcare? Finding a so called IDU friendly doctor is virtually impossible. Finding a doctor who'll write prescriptions is a little easier but what can't be ignored is the fact that self-medicators usually have to resort to ignoring other health problems fearing discrimination, being told that a totally unrelated problem is due to their drug intake or having to invent or omit facts about their medical history. Telling a doctor the full truth about your drug use and other health problems (disclosure) most times means a big red Nikko pen scrawling DRUG ABUSER all over your file which won't only be seen by that doctor. Confidentiality is a burning issue for IDU's. In the public hospital system disclosure is possibly the worst move an IDU makes. If you are ever brought in as an OD (overdose), that red Nikko treatment is assured and healthcare from that instance on will be marred by the assumption that the only thing wrong with you is your DRUG SEEKING BEHAVIOUR.

Case in point One IDU who had three years earlier been brought in for an OD and who this time was suffering from an allergic reaction to penicillin, was administered Narcan three times before the health care professionals acknowledged that his condition had nothing to do with illicit drug use. The people accompanying him assured the doctors that he hadn't taken 'anything'. They did not believe these people. (All junkies are liars apparently and so are their friends). The Narcan treatment followed and it wasn't until the patient's mother showed up and told them that her son was allergic to penicillin did these doctors begin to unbiasedly treat him for valid condition. What effect, apart from torture and trauma, did this unnecessary Narcan administration have?

Next: An IDU woman who was having an abortion disclosed her IDU status (heroin specific) to her anaesthetist thinking that this honestly would aid the doctor in dosing her adequately and explain any problems he may experience with her veins. Instead, she was lectured for half an hour before the abortion and was told that she would be dead in two years if she continued to use. The woman was



already quite distressed, as a good percentage of women about to have an abortion are. She was also inadequately anaesthetised and experienced extreme pain as the operation was being performed. On informing the doctors that she was in pain she was told that she was lying. Less than a week later suffering an infection due to that abortion and again in extreme pain, her boyfriend rang the abortion clinic for advice. The receptionist pulled the woman's file and asked the boyfriend, "is she off her face?" Her file had obviously had the red Nikko treatment. Also this question was ludicrous to anyone with knowledge of narcotic analgesics. If the patient had been "off her face", then she would not have been experiencing pain.

If IDU's cannot receive adequate treatment for health problems unrelated to their drug use, where can they go for problems related to it. Problems like vein damage such as haematomas, urinary tract or kidney infections from constant inability to pass urine or bowel obstructions from prolonged constipation. Will healthcare professionals ever realise that continual discrimination causes patients to lie to them rather than this being attributed to the lying junkie cliché? Spike Milligan says

that the cliché is the handrail of the crippled mind. In Queensland a person studies for six years to receive a Bachelor of Medicine. What percentage of these graduates would be assessed by society as having "crippled minds"? And then what about the oath - the hippocratic oath? As far as the IDU community goes it's more like the hypocritical oath, for unbiased treatment and the reduction of physical suffering will not come from these medical practitioners. Respect for their confidentiality and dignity will be traded off as doctors tell welfare departments and other government agencies that patients have been drug ABUSERS for however many years. Medical journals will warn practitioners about DRUG SEEKING BEHAVIOUR and recommend that those with a tolerance be given no pain relief ever, at all. Ambulances will treat an overdose case with disdain, not carry lifesaving Narcan and call the police to the premises. Voters will endorse spending huge amounts of money on incarcerating drug addicts rather than spending a fraction of this on treatment. Organisations will refer people time and again to the Health Rights Commission over instances of maltreatment and discrimination and still nothing changes. Epidemics will spread throughout the IDU community unchecked by anything save fear, misinformation, discrimination, harsh punishments manifest in every form from legal prosecution, abandonment by family and friends, and virtual leper treatment by a society that thinks the prevalence of unsanctioned drug use is a problem to be dealt with utilising models proven to be unsuccessful, elsewhere and here in Australia. We live in a so called First World country where there is a health care system in place that every person pays for and has the right to access. Unsatisfactory treatment of IDU's by professionals bound by an oath to reduce anyone's suffering and meet their health care needs should and must not continue. Or has hypocrisy cemented its place in the two percent medicare levy?

BITTE.



What's on at QUIVAA?

In the new year a women's playgroup is starting at QUIVAA. This means women IDU with children will have a support group where they can access information, health services for themselves and the kids, and not have to worry about confidentiality because they'll be doing stuff with women like themselves, who are going through similar experiences. Phone us in the new year to find out more.

QUIVAA is closed over the Christmas break but will re-open on January 2nd. Remember our hours are 9am to 5pm, Monday to Thursday, and 9am to midnight on Friday.

Every couple of months we run a Peer Education Course which turns you into an accredited volunteer who is also authorised to distribute injecting equipment. It runs each Thursday for five weeks and covers everything from HIV to Hep C, safe sex to safe drug use, discrimination to first aid. The next one will be starting in February '96, call Tracey Wing for more info.

In the new year the QUIVAA LIVER project will be in the final stages of production. We need volunteers for focus groups, food is provided, call Alex Wightman if you're interested.

Also starting around the beginning of February is a volunteer poster project. You can learn how to screen print and make any good ideas you have for posters a reality. Call Terry for more info about this one.

**STOP
SHARING
FITS**



"Which one

of us is an

**IDU? One
of us? All of
us?**

**It depends
on if there's
enough to go
around."**

Coastal View

Sunshine Coast IV AIDS Assoc.

Who are we?

Hey there all! Here's a quick word from your brothers and sisters on the beautiful Sunshine Coast. We're SCIVAA - just like QuIVAA, but smaller, northern and better lookin'! (just kidding guys!) We are the only existing User's service on the Coast and service from Redcliffe all the way to Gympie. Having a voice in this region can sometimes be difficult - pretty conservative mob around here you might say, but we do our best to get new supplies, accurate info and friendly support to all in need.

If you're planning a bit of a break from the big smoke and head up this way, don't forget to drop in on us. Our premises are at 59 Sixth Avenue at Maroochydore, and we're open business hours, Monday to Friday. If you're having trouble finding us, give us a call on 43 9576. Have a great Chrissy and please make it a safe one...



What's on at SCIVAA?

Well, we like to keep ourselves pretty busy up here, and we're always on the look out for input into our projects, so read on and see if anything interests you...



Women's Project - We're currently in the final stages of a booklet aimed primarily at Women IDU's, jam packed with juicy info...

Youth Project - we have been working on a Safe Sex Project with young people as outreach peer educators - lotsa work!



Restructuring - SCIVAA is also trying to streamline it's services and make our service delivery as effective as possible.

Publications - we have many ideas for publications for the new year including, Murri Injectors, Hep C Info & Service Brochures.

Research - lookin' at what we need, what we want, and what we don't want...

HEPATITIS C. WORKSHOP.

QUIVAA is holding a Hepatitis C. workshop on Monday 5th. February at 1pm.

With the high rate of infection in the community and equally high rate of misinformation, this is your chance to get the truth in a totally unbiased and confidential atmosphere. Anyone is welcome so tell your friends, especially if you know they already have it or indulge in at risk behaviours.

Places are limited so please phone 252 5390 and ask for Terry to register your name or call in to our office at 93 Brunswick st. Fortitude Valley.



hepatitis • hepatitis



1996 SYDNEY GAY & LESBIAN MARDI GRAS

FESTIVAL FROM 2 FEBRUARY



PARADE AND PARTY 2 MARCH

FITS

Here is a list of the main needle exchanges around Brisbane. You can also ring ADIS (Alcohol and Drug Information Service) on 236 2414, 24 hours a day.



If you have any questions about these exchanges, call QUIVAA. If you're a bit suss about using any exchanges (for fear of being busted or discriminated etc.) call us for a chat & we'll help you find the right exchange service for you. You don't have to exchange fits, you can either pick-up, drop off, or both. You can also get information and referrals onto services you need. These services are all free, and work hard to help you stay safe!

FITS

where
to get
'em

QUIVAA 93 Brunswick St, Valley.
Mon - Thurs 9 - 5, Fri 9 - Midnight.
Ph 3252 5390.

BIALA 270 Roma St, City.
24 hours a day. Ph 236 2400.

BRISBANE YOUTH SERVICE (BYS)
836 Brunswick St, New Farm
Mon - Fri 11 - 3. Ph 254 1131.

ALFRED STREET CLINIC
162 Alfred St, Fortitude Valley. Friday nights,
5pm - 8pm.

Ph: 227 7095 or 227 7091.

QUEENSLAND AIDS COUNCIL (QUAC)
32 Peel St, Sth Brisbane.

Mon - Fri 9 - 5. Ph 844 1990.

**SELF HEALTH FOR QLD WORKERS IN
THE SEX INDUSTRY (SQWISI)**

65 Vulture St West End.

Mon - Fri 9 - 5. Ph 844 4565.

BODYLINE SPA AND SAUNA

43 Ipswich Rd Woolloongabba.

Sun - Thu 12pm - 3am & Fri - Sat
12pm - 7am. Ph 391 4285

GLADSTONE RD MEDICAL CENTRE

38 Gladstone Rd Highgate Hill

9 - 7pm Mon - Fri. Ph 844 9599.

**AICHS (Aboriginal & Islander
Community Health)**

12 Hubert St Woolloongabba.

Mon - Fri 9 - 5. Ph 891 6060

INALA COMMUNITY HEALTH

Wirraway Pde Inala. Mon - Fri 8.30 - 5pm.

Ph 372 4244

LOGAN YOUTH SERVICES

2 Rowan St, Kingston. Mon - Fri 9 - 5pm.

Ph 208 8199

UNI OF QUEENSLAND Health Service, St

Lucia. Mon - Fri 8 - 5pm. Ph 365 6210

GRIFFITH UNIVERSITY Health Service -

Nathan. Mon - Fri 8 - 4.30pm.

Ph 875 7299

REDLAND HOSPITAL Accident &

Emergency. 24Hrs. Ph 286 5700

WYNNUM HOSPITAL Accident &

Emergency. 24Hrs. Ph 393 3122

LOGAN HOSPITAL Accident &

Emergency. 24Hrs. Ph 299 8899



Green (18) is the amazing true story of Phoolan Devi, India



THE BUSINESS OF THE PUBLIC SURVEILLANCE UNIT IS INFORMATION.

SPECIFICALLY ON THE PUBLIC. YOU AND ME.

THERE'S A FILE ON EVERY CITIZEN. EACH FILE CONTINUALLY UPDATED, CROSS-REFERENCED, SCRUTINISED. THE MINUTIAE OF YOUR LIFE, FROM BIRTH TO DEATH.

THEY'VE GOT YOUR FAMILY HISTORY, YOUR MED AND SCHOOL REPORTS, YOUR WORK AND WELFARE RECORDS.

EVERY PURCHASE, EVERY CARD TRANSACTION IS IN YOUR FILE. THEY CAN TELL YOU WHERE YOU SHOP, WHAT YOU EAT FOR BREAKFAST, WHAT SIZE U-FRONTS YOU WEAR.

THEY KNOW YOUR POLITICAL, SEXUAL AND SOCIAL ORIENTATION. THEY KNOW WHERE YOU'VE BEEN AND WHO YOUR FRIENDS ARE. THEY KNOW YOUR VIRTUES AND YOUR VICES.

SHOW UP ON ANY SURVEILLANCE CAMERA - ANY CAMERA, ANYWHERE IN THE CITY - AND THEIR COMPUTERS AUTOMATICALLY I.D. YOU AND LOG YOUR MOVEMENTS.

AND THEY'RE PREPARED TO USE IT ALL AGAINST YOU.



STICKING TOGETHER
WATCHING EACHOTHER'S BACKS
STANDING STRONG
DESPITE THE PRESSURE

ANARCHY
PEACE
&
GOOD DRUGS

MALCOLM FUNCTION